

**Pitreavie AAC & Dunfermline T&F  
CLUB CHAMPIONSHIPS**  
Saturday 6<sup>th</sup> April 2019



**WELCOME**

On behalf of the members on the Exec Committee at Pitreavie AAC, we are very excited that we are holding our very first joint Club Championships with our local club Dunfermline Track & Field. Club Champs has always played a big part for Pitreavie AAC on the T&F calendar, so we hope all the athletes from both clubs enjoy the competition and this becomes an annual fixture. Although hopefully next year we will be back on home ground at Pitreavie!

This event marks the start of the 2019 Track & Field season and a chance to find out whether all that winter training in the cold has paid off. For many of our younger athletes this will be a first taste of competition, and we also have athletes from our Run, Jump, Throw groups taking part, Good luck to everyone from junior up to master.

A huge thank you to local company Cooper Software, the main sponsor of today's event, who have helped us with event costs for a fourth year running. Without their continued support we would run this event at a financial loss. We are delighted to have their support along with help from McDonalds and InspireFit.

It would not be possible to hold this event without the small army of volunteers who work tirelessly in the background to make everything run smoothly. I would like to personally thank Barry McMahon from Dunfermline T&F who has helped get this event organised. We are also extremely grateful to all the officials who have turned out today to support the event and of course to all our coaches who devote so much of their time to preparing the athletes. It really is a team effort when it comes to this great sport.

I hope you all enjoy the event.

*Nicola Moriarty  
Events Coordinator  
Pitreavie AAC*

## IMPORTANT ATHLETE INFORMATION

### Declarations

- Declarations will open at 9am prompt (field athletes whose first event starts at 10am will have until 9.15 to declare)
- You must report to the Declaration Area (in the wooden gym room) at least one hour before your first event where you will be issued with competition numbers.
- Declare all your events at the same time.
- **Declarations will close at 1pm.**
- Meeting Managers will make final decisions on late declarations.

### Track

- Track event athletes will go to the call room 10 min before the race. This will be situated in the Indoor Centre.
- All athletes will go to the call room ready to race.
- For athletes at a field event, notify the call room before your field event if you will be going straight to the start line for your race. They will take a note of this and notify the track official.
- If you have any disputes on finals please raise this with the Meeting Manager.
- Track events take precedence over field events

### Field

- Field event athletes will assemble at the event areas at the time stated on the timetable.
- Three trials per event, except in the following cases:
  - High Jump and Pole Vault where usually rules apply.
- Please do not obstruct competitions already in progress
- Do not take practice throws or jumps unless told to do so by an event official.
- If your Field event is taking place at the same time as your Track event, the Track event must take precedence.
- If you have reported to the Field event official before going to your Track Event, the official will allow you to return to the field event and reenter **at the height, or round of competition reached at that point in time** (you may therefore have missed a jump/height).

### Scoring

- The Scotstat scoring system will be used to award points to each performance
- In the event of a tie on overall points, the athlete with the most points for a single event will be the winner
- Pitreavie AAC and Dunfermline T&F will be scored separately
- Run, Jump, Throw athletes will not be scored
- All Run, Jump, Throw and U11 athletes will receive a medal for participation