

scottishathletics 

SAIL Final & Relays

Emirates Arena, Glasgow



Team Results SAIL 2013-14

Under 11 Girls	1st - Giffnock North A	2nd - Central AC A	3rd - East Lothian A
Under 13 Girls	1st - Central AC A	2nd - Edinburgh AC A	3rd - Giffnock North A
Under 15 Girls	1st - Edinburgh AC A	2nd - Central AC A	3rd - Giffnock North A
Under 17 Women	1st - Giffnock North A	2nd - Edinburgh AC A	3rd - Central AC A
Under 20 Women	1st - Ayr Seaforth A	2nd - Central AC A	3rd - Edinburgh AC A
Under 11 Boys	1st - Giffnock North A	2nd - Edinburgh AC A	3rd - Ayr Seaforth A
Under 13 Boys	1st - Edinburgh AC A	2nd - Giffnock North A	3rd - Central AC A
Under 15 Boys	1st - Ayr Seaforth A	2nd - Edinburgh AC A	3rd - VP Glasgow A
Under 17 Men	1st - Edinburgh AC A	2nd - Central AC A	3rd - Giffnock North A
Under 20 Men	1st - VP Glasgow A	2nd - Edinburgh AC A	3rd - Kilbarchan A



FINAL Results

	Club	Athlete	Performance	Points
Under 11 Boys				
60m A String				
				Under 11 Boys
1	Giffnock North A	Calum Stewardson	9.30	1
2	Edinburgh AC A	Imran Hossain	9.47	2
3	Central AC A	Ross Faichnie	9.57	3
4	Ayr Seaforth A	Lewis Martin	9.80	4
5	Pitreavie A	Kieran Boundy	10.01	5
6	VP Glasgow A	Aaron Purba	10.18	6
600m A String				
				Under 11 Boys
1	Ayr Seaforth A	Alex Crooks	1:56.6	1
2	Central AC A	Sandy Buchanan	1:58.6	2
3	Edinburgh AC A	Ford Moffat	1:58.8	3
4	Giffnock North A	Marc Capaldi	1:58.81	4
5	Pitreavie A	Conor Gourley	1:59.9	5
6	VP Glasgow A	Matthew Ireland	2:04.8	6
Standing Long Jump A String				
				Under 11 Boys
1	Edinburgh AC A	Imran Hossain	2.00	1
2	Giffnock North A	Calum Stewardson	2.00	2
3	Ayr Seaforth A	Alex Crooks	1.82	3
4	Central AC A	Sandy Buchanan	1.76	4
5	VP Glasgow A	Aaron Purba	1.72	5
6	Pitreavie A	Kieran Boundy	1.54	6
60m B String				
				Under 11 Boys
1	Giffnock North A	Michael Sinclair	9.63	1
2	Edinburgh AC A	Rob Henderson	9.75	2
3	Central AC A	Morgan Sansom	10.04	3
4	Pitreavie A	Cameron Cadger	10.20	4
5	Ayr Seaforth A	Joseph Notley	10.23	5
6	VP Glasgow A	Ben Chatham	10.29	6

FINAL Results

	Club	Athlete	Performance	Points
<hr/>				
600m B String			Under 11 Boys	
<hr/>				
1	Pitreavie A	Campbell Dowie	1:59.3	1
2	Edinburgh AC A	Rob Henderson	1:59.7	2
3	Giffnock North A	Joseph McKay	2:01.4	3
4	Central AC A	Ben Salmon	2:04.0	4
5	Ayr Seaforth A	Blair Gemmell	2:09.9	5
<hr/>				
Standing Long Jump B String			Under 11 Boys	
<hr/>				
1	Ayr Seaforth A	Ruben Lyndsay	1.90	1
2	Giffnock North A	Michael Sinclair	1.76	2
3	VP Glasgow A	Ben Chatham	1.70	3
4	Central AC A	Archie MacKechnie	1.70	4
5	Pitreavie A	Campbell Dowie	1.62	5
6	Edinburgh AC A	Ford Moffat	1.60	6

FINAL Results

	Club	Athlete	Performance	Points
Under 13 Boys				
60m				
				Under 13 Boys
1	Edinburgh AC A	Max Leslie	8.66	1
2	Edinburgh AC B	Josh Dougall	8.95	2
3	VP Glasgow A	Simon Aitken	9.02	3
4	Livingston A	Jamie Stove	9.04	4
5	Central AC A	Oscar Clarke	9.05	5
6	Giffnock North A	Eoghan O'Donnell	9.36	6
800m				
				Under 13 Boys
1	Giffnock North A	Hamish Armitt	2:22.3	1
			<i>New league record</i>	
2	Edinburgh AC A	Luca Librizzi	2:24.1	2
3	Edinburgh AC B	Iain Hare	2:31.8	3
4	Central AC A	Alex Wilson	2:36.6	4
5	VP Glasgow A	Edan Webb	2:39.7	5
6	Livingston A	Fraser Morris	2:42.9	6
60m Hurdles				
				Under 13 Boys
1	Central AC A	Euan Smith	10.62	1
2	VP Glasgow A	Donald Scott	10.79	2
3	Giffnock North A	Euan Ross	10.94	3
4	Edinburgh AC A	Aidan Cross	11.68	4
5	Edinburgh AC B	Fin Rendall	11.72	5
6	Livingston A	Aidan Brady	11.88	6
200m				
				Under 13 Boys
1	Edinburgh AC A	Max Leslie	27.75	1
2	Giffnock North A	Reuben Nairne	28.34	2
3	VP Glasgow A	Simon Aitken	30.20	3
4	Central AC A	Jack Haughton	30.40	4
5	Livingston A	Jack Cohen	33.36	5
	Edinburgh AC B	Josh Dougall		
			<i>DQ - out of lane</i>	
High Jump				
				Under 13 Boys
1	Livingston A	Aidan Brady	1.35	1
2	Central AC A	Mikey Heron	1.30	2
3	VP Glasgow A	Gavin Wilson	1.30	3
3	Edinburgh AC A	Max Leslie	1.30	3
5	Giffnock North A	Reuben Nairne	1.30	5
6	Edinburgh AC B	Fin Rendall	1.15	6

FINAL Results

	Club	Athlete	Performance	Points
Long Jump				Under 13 Boys
1	Giffnock North A	Reuben Nairne	4.78	1
2	Edinburgh AC A	Aidan Cross	4.41	2
3	VP Glasgow A	Gavin Wilson	4.27	3
4	Livingston A	Jamie Stove	3.93	4
5	Edinburgh AC B	Fin Rendall	3.86	5
6	Central AC A	Erik Escala	3.84	6
Shot Putt				Under 13 Boys
1	Central AC A	Mikey Heron	7.43	1
2	Edinburgh AC A	Sam Blunt	7.27	2
3	Edinburgh AC B	Josh Dougall	6.50	3
4	Giffnock North A	George Baker	5.89	4
5	VP Glasgow A	Cameron Robertson	4.80	5
6	Livingston A	Jack Cohen	4.74	6

FINAL Results

	Club	Athlete	Performance	Points
Under 15 Boys				
60m				
				Under 15 Boys
1	Ayr Seaforth A	Fraser Angus	7.50	1
2	Giffnock North A	Andy Moses	7.63	2
3	Central AC A	Kieran Halliday	7.86	3
4	Edinburgh AC A	Calum Henderson	8.08	4
5	VP Glasgow A	Morgan Jones	8.09	5
6	Edinburgh AC B	Cameron Smith	8.82	6
800m				
				Under 15 Boys
1	Ayr Seaforth A	Lewis Ross	2:13.3	1
2	Giffnock North A	Jamie Sturrock	2:13.5	2
3	VP Glasgow A	Andrew Moreland	2:16.5	3
4	Central AC A	Conor Ryan	2:28.2	4
5	Edinburgh AC B	Jude Diab	2:30.3	5
6	Edinburgh AC A	Matthew Dougall	2:30.6	6
60m Hurdles				
				Under 15 Boys
1	Ayr Seaforth A	Fraser Angus	9.29	1
2	Edinburgh AC A	Michael Dennis	9.38	2
3	VP Glasgow A	Cameron Wray	9.85	3
4	Giffnock North A	Calum Alexander	10.10	4
5	Central AC A	Jack Houghton	11.25	5
6	Edinburgh AC B	Cameron Smith	11.76	6
200m				
				Under 15 Boys
1	Ayr Seaforth A	Fraser Angus	23.87	1
			<i>Equals SAIL record</i>	
2	Central AC A	Kieran Halliday	24.56	2
3	Giffnock North A	Andy Moses	25.03	3
4	Edinburgh AC A	Ross Allan	25.84	4
5	VP Glasgow A	Andrew Moreland	27.45	5
6	Edinburgh AC B	Calum Kettle	27.73	6
400m				
				Under 15 Boys
1	VP Glasgow A	Joshua O'Hare	54.96	1
2	Edinburgh AC A	Ross Allan	56.04	2
3	Giffnock North A	Ross Lipp	57.25	3
4	Ayr Seaforth A	Callum Meldrum	58.38	4
5	Central AC A	Jack Houghton	58.89	5

FINAL Results

	Club	Athlete	Performance	Points
High Jump				Under 15 Boys
1	VP Glasgow A	James Stewart	1.72	1
2	Giffnock North A	Ethan Dear	1.65	2
3	Edinburgh AC A	Calum Henderson	1.65	3
4	Central AC A	Andrew Sweeney	1.55	4
5	Edinburgh AC B	Yannik Deiker	1.45	5
6	Ayr Seaforth A	Conan McGhee	1.40	6
Long Jump				Under 15 Boys
1	Edinburgh AC A	Calum Henderson	5.43	1
2	Central AC A	Jack Houghton	5.32	2
3	Edinburgh AC B	Calum Kettley	5.14	3
4	Ayr Seaforth A	Callum Meldrum	5.06	4
5	Giffnock North A	Ross Lipp	5.00	5
6	VP Glasgow A	Joshua O'Hare	4.96	6
Shot Putt				Under 15 Boys
1	Ayr Seaforth A	Andrew Peck	12.31	1
2	Edinburgh AC A	Elliot Armstrong	10.14	2
3	VP Glasgow A	Cameron McKnight	7.41	3
4	Edinburgh AC B	Calum Kettley	7.39	4
5	Central AC A	Nathan Rix	7.18	5
6	Giffnock North A	Robbie McIntyre	6.95	6

FINAL Results

	Club	Athlete	Performance	Points
Under 17 Men				
60m Under 17 Men				
1	Edinburgh AC A	Michael Olsen	7.19	1
2	Giffnock North A	Jason Wu	7.53	2
3	Central AC A	Lewis McGuire	7.66	3
4	Cumbernauld A	Lewis Brown	7.68	4
5	VP Glasgow A	Ewan Hoy	7.71	5
6	Central AC B	Euan Lambert	8.06	6
800m Under 17 Men				
1	Edinburgh AC A	George Connor	2:01.6	1
2	Central AC A	Iain Davies	2:02.5	2
3	Giffnock North A	Christopher Stewart	2:03.6	3
4	Cumbernauld A	Cameron Richardson	2:09.7	4
5	Central AC B	Fraser MacPherson	2:14.6	5
60m Hurdles Under 17 Men				
1	Central AC A	Tom Chandler	8.62	1
2	VP Glasgow A	Calum Wray	8.88	2
3	Central AC B	Charlie Dineen	9.09	3
4	Cumbernauld A	Fraser Gallagher	9.36	4
5	Giffnock North A	Guy Matthews	9.95	5
	Edinburgh AC A	Calum Batho		DQ
200m Under 17 Men				
1	Edinburgh AC A	Cameron Tindle	22.51	1
2	Giffnock North A	Jason Wu	23.60	2
3	Central AC A	Jamie Paterson	23.95	3
4	Cumbernauld A	Daniel Winning	24.32	4
5	VP Glasgow A	Lewis Serpell	25.18	5
6	Central AC B	Euan Lambert	25.25	6
400m Under 17 Men				
1	Edinburgh AC A	Jake Roulstone	51.58	1
2	VP Glasgow A	Robbie Barr	52.13	2
3	Central AC A	Ewan Corbett	52.18	3
4	Cumbernauld A	Lewis Brown	53.32	4
5	Central AC B	Jamie Price	56.63	5

FINAL Results

	Club	Athlete	Performance	Points
High Jump				Under 17 Men
1	Central AC A	Lewis McGuire	1.80	1
2	Central AC B	Ben McGuire	1.75	2
3	Giffnock North A	Christopher Mackay	1.70	3
4	Edinburgh AC A	Howard Bell	1.65	4
5	Cumbernauld A	Daniel Winning	1.65	5
6	VP Glasgow A	Aidan McMahon	1.55	6
Long Jump				Under 17 Men
1	Central AC A	Tom Chandler	6.29	1
2	Giffnock North A	David Lambie	5.79	2
3	VP Glasgow A	David Wilson	5.65	3
4	Central AC B	Charlie Dineen	5.63	4
5	Cumbernauld A	Fraser Gallagher	5.52	5
6	Edinburgh AC A	Jack Blunt	5.44	6
Triple Jump				Under 17 Men
1	Edinburgh AC A	Jack Blunt	12.06	1
2	VP Glasgow A	David Wilson	11.76	2
3	Cumbernauld A	Fraser Gallagher	11.64	3
4	Giffnock North A	Christopher Stewart	11.29	4
5	Central AC B	Charlie Dineen	11.07	5
6	Central AC A	Cameron McCorgay	10.73	6
Shot Putt				Under 17 Men
1	Edinburgh AC A	Howard Bell	11.56	1
2	Central AC B	Ben McGuire	11.00	2
3	Cumbernauld A	Daniel Winning	10.29	3
4	VP Glasgow A	Euan Urquhart	9.97	4
5	Central AC A	Tom Chandler	9.85	5
6	Giffnock North A	Guy Matthews	7.31	6

FINAL Results

	Club	Athlete	Performance	Points
Under 20 Men				
60m Under 20 Men				
1	Edinburgh AC A	Roy Shankland	7.23	1
2	Giffnock North A	Robert Moses	7.25	2
3	VP Glasgow A	Stephen Murphy	7.53	3
4	Lasswade A	William Hutchison	7.72	4
5	Livingston A	Grant Kirkwood	8.17	5
800m Under 20 Men				
1	Kilbarchan A	Gavin McArdle	1:58.5	1
2	VP Glasgow A	Christopher Boyle	1:59.3	2
3	Edinburgh AC A	Cameron Gilmour	2:00.6	3
4	Lasswade A	Rowan Marr	2:04.9	4
5	Giffnock North A	Aiden Muir	2:19.7	5
60m Hurdles Under 20 Men				
1	Giffnock North A	Harry Matthews	9.79	1
2	VP Glasgow A	Nathan Merchant	11.73	2
200m Under 20 Men				
1	Edinburgh AC A	Ben Robbins	22.34	1
2	VP Glasgow A	Stephen Murphy	23.72	2
3	Lasswade A	Jamie Laird	23.86	3
4	Giffnock North A	Hussein Kawere	24.98	4
400m Under 20 Men				
1	Edinburgh AC A	Roy Shankland	49.91	1
2	Lasswade A	Charlie Carstairs	51.64	2
3	VP Glasgow A	Paddy Clark	51.67	3
4	Kilbarchan A	Gavin McArdle	53.92	4
5	Giffnock North A	Fraser O'Rourke	57.73	5
High Jump Under 20 Men				
1	Kilbarchan A	Jack Lochans	2.11	1
			<i>New league record</i>	
2	VP Glasgow A	Marcus Morton	1.90	2
3	Giffnock North A	Fraser O'Rourke	1.70	3
4	Edinburgh AC A	Callum Robertson	1.55	4
	Lasswade A	Elson Musenga	NH	

FINAL Results

	Club	Athlete	Performance	Points
Long Jump				Under 20 Men
1	VP Glasgow A	Alexander Lewis	5.92	1
2	Kilbarchan A	Andrew Murphy	5.91	2
3	Edinburgh AC A	Liam Clark	5.68	3
4	Lasswade A	Elson Musenga	5.26	4
Triple Jump				Under 20 Men
1	Edinburgh AC A	Liam Clark	11.75	1
2	VP Glasgow A	Papayaw Osafo	11.15	2
Shot Putt				Under 20 Men
1	Kilbarchan A	Andrew Murphy	13.61	1
2	Giffnock North A	Aiden Muir	9.44	2
3	VP Glasgow A	Hector Hanley	9.19	3
4	Livingston A	Grant Kirkwood	8.64	4
5	Lasswade A	Elson Musenga	8.18	5
6	Edinburgh AC A	Callum Robertson	8.11	6

FINAL Results

	Club	Athlete	Performance	Points
Under 11 Girls				
60m A String				Under 11 Girls
1	Giffnock North A	Niamh Smith	9.51	1
2	East Lothian	Grace Brennan	9.57	2
3	Central AC A	Rowan Latimer	9.80	3
4	Airdrie A	Emily Rooney	9.87	4
5	VP Glasgow A	Skye Turner	10.13	5
6	Kilbarchan A	Eve Blincow	10.19	6
600m A String				Under 11 Girls
1	Central AC A	Katie Burr	2:00.0	1
2	East Lothian	Emma Johnson	2:02.0	2
3	VP Glasgow A	Catriona Scott	2:02.1	3
4	Kilbarchan A	Aurelia Tiffoney	2:02.1	4
5	Giffnock North A	Asha Nicolson	2:10.2	5
6	Airdrie A	Kerri Reilly	2:17.4	6
Standing Long Jump A String				Under 11 Girls
1	Giffnock North A	Isla Ward	1.90	1
2	Central AC A	Katie Burr	1.84	2
3	East Lothian	Grace Brennan	1.84	3
4	VP Glasgow A	Skye Turner	1.80	4
5	Airdrie A	Victoria Carey	1.72	5
6	Kilbarchan A	Eve Blincow	1.62	6
60m B String				Under 11 Girls
1	Giffnock North A	Monica Forsyth	9.79	1
2	Central AC A	Jessica Turnbull	9.96	2
3	Airdrie A	Jennifer Carey	9.98	3
4	VP Glasgow A	Nicole MacGilp	10.17	4
5	Kilbarchan A	Ola Zuracowska	10.36	5
6	East Lothian	Gemma Darling	10.73	6
600m B String				Under 11 Girls
1	Central AC A	Grace Tindall	2:06.9	1
2	VP Glasgow A	Nicola Fletcher	2:07.9	2
3	Giffnock North A	Lauren Agnew	2:08.7	3
4	East Lothian	Gemma Darling	2:10.1	4
5	Kilbarchan A	Stella MacLean	2:11.9	5
6	Airdrie A	Victoria Carey	2:12.2	6

FINAL Results

	Club	Athlete	Performance	Points
Standing Long Jump B String				Under 11 Girls
1	Giffnock North A	Anna Jenkins	1.82	1
2	Kilbarchan A	Ola Zuracowska	1.78	2
3	East Lothian	Laura Buchan	1.68	3
4	Central AC A	Amy Kirkpatrick	1.62	4
5	VP Glasgow A	Nicole MacGilp	1.56	5
6	Airdrie A	Jennifer Carey	1.52	6

FINAL Results

	Club	Athlete	Performance	Points
Under 13 Girls				
60m				
				Under 13 Girls
1	Edinburgh AC A	Sophie McGlynn	8.75	1
2	Central AC A	Abby Davison	8.85	2
3	Ayr Seaforth A	Niamh Graham	8.89	3
4	Giffnock North A	Rosie McKay	9.24	4
5	Giffnock North B	Eve Donaghy	9.27	5
6	Edinburgh AC B	Freya Tranter	9.52	6
800m				
				Under 13 Girls
1	Central AC A	Elizabeth Thompson	2:32.4	1
2	Giffnock North A	Annabel Ballantyne	2:33.2	2
3	Ayr Seaforth A	Emma Frew	2:34.2	3
4	Giffnock North B	Orla Lang	2:36.3	4
5	Edinburgh AC A	Alixie Phillips	2:39.5	5
6	Edinburgh AC B	Lindsey Gilchrist	2:40.5	6
60m Hurdles				
				Under 13 Girls
1	Central AC A	Lucy Smith	10.92	1
2	Edinburgh AC A	Rosanna Thomson	11.23	2
3	Giffnock North A	Megan Bailie	11.35	3
4	Giffnock North B	Sophie Inglis	11.35	4
5	Edinburgh AC B	Freya Tranter	12.78	5
6	Ayr Seaforth A	Charlotte McDowell	13.54	6
200m				
				Under 13 Girls
1	Edinburgh AC A	Sophie McGlynn	28.38	1
2	Central AC A	Abby Davison	28.44	2
3	Ayr Seaforth A	Niamh Graham	29.55	3
4	Giffnock North B	Carla Miller	29.80	4
5	Giffnock North A	Rosie McKay	29.93	5
6	Edinburgh AC B	Isla Innes	30.88	6
High Jump				
				Under 13 Girls
1	Central AC A	Lucy Davison	1.40	1
2	Giffnock North A	Emma Barbour	1.35	2
3	Edinburgh AC B	Lindsey Gilchrist	1.20	3
3	Edinburgh AC A	Lily Nicholson	1.20	3
5	Giffnock North B	Clare Wallace	1.20	5
6	Ayr Seaforth A	Gemma Bruce	1.05	6

FINAL Results

	Club	Athlete	Performance	Points
Long Jump				Under 13 Girls
1	Central AC A	Lucy Davison	4.47	1
2	Edinburgh AC A	Emily Simmers	4.45	2
3	Giffnock North A	Eve Denholm	4.06	3
4	Ayr Seaforth A	Charlotte McDowell	3.97	4
5	Edinburgh AC B	Freya Tranter	3.75	5
6	Giffnock North B	Lauren Paterson	3.72	6
Shot Putt				Under 13 Girls
1	Central AC A	Lucy Davison	8.33	1
2	Edinburgh AC A	Lilias McQueenie	7.08	2
3	Giffnock North A	Ellie Lonergan-Black	5.67	3
4	Giffnock North B	Heather Napthine	5.38	4
5	Ayr Seaforth A	Laura Paisley	5.27	5
6	Edinburgh AC B	Anna Swan	4.52	6

FINAL Results

	Club	Athlete	Performance	Points
Under 15 Girls				
60m				
				Under 15 Girls
1	Edinburgh AC A	Sarah Malone	8.11	1
2	Giffnock North A	Amy Donaghy	8.12	2
3	Central AC A	Minnie Roe	8.35	3
4	Airdrie A	Amy Maxwell	8.61	4
5	Ayr Seaforth A	Kirsten McClymont	8.66	5
6	Giffnock North B	Sara Ingles	8.69	6
800m				
				Under 15 Girls
1	Edinburgh AC A	Carolyn Cameron	2:18.0	1
			<i>New league record</i>	
2	Giffnock North A	Erin Wallace	2:20.4	2
3	Airdrie A	Lucy Sommerville	2:21.7	3
4	Giffnock North B	Danielle Kelly	2:24.2	4
5	Central AC A	Jenny Walls	2:27.0	5
6	Ayr Seaforth A	Lucy Davidson	2:34.3	6
60m Hurdles				
				Under 15 Girls
1	Central AC A	Jessica Cleland	9.47	1
2	Edinburgh AC A	Rachel Fergusson	9.64	2
3	Airdrie A	Laurie Anderson	9.90	3
4	Giffnock North A	Lauren Saxby	10.43	4
5	Ayr Seaforth A	Jennifer McVeigh	10.48	5
6	Giffnock North B	Freya Menzies	10.65	6
200m				
				Under 15 Girls
1	Giffnock North A	Amy Donaghy	26.21	1
			<i>New league record</i>	
2	Edinburgh AC A	Sarah Malone	26.34	2
3	Central AC A	Jessica Cleland	26.53	3
4	Airdrie A	Amy Maxwell	27.89	4
5	Ayr Seaforth A	Jamie Hood	28.53	5
6	Giffnock North B	Freya Menzies	29.33	6
			<i>no time recorded</i>	
300m				
				Under 15 Girls
1	Edinburgh AC A	Rachel Fergusson	43.6	1
2	Central AC A	Catriona Laing	44.3	2
3	Airdrie A	Eilidh Hagerty	44.3	3
4	Giffnock North A	Sophie Haldane	44.8	4
5	Giffnock North B	Rochelle Moukala	44.9	5
6	Ayr Seaforth A	Jennifer McVeigh	49.2	6

FINAL Results

	Club	Athlete	Performance	Points
High Jump				Under 15 Girls
1	Ayr Seaforth A	Katie McAlpine	1.53	1
2	Giffnock North A	Catriona Reid	1.45	2
3	Central AC A	Georgia Smith	1.45	3
4	Airdrie A	Sophie Hanlon	1.40	4
5	Edinburgh AC A	Devenee Sim	1.40	5
6	Giffnock North B	Sara Coyle	1.35	6
Long jump				Under 15 Girls
1	Edinburgh AC A	Sarah Malone	5.07	1
2	Airdrie A	Amy Maxwell	4.85	2
3	Central AC A	Madeleine Woods	4.60	3
4	Ayr Seaforth A	Katie McAlpine	4.46	4
5	Giffnock North A	Lauren Saxby	4.41	5
6	Giffnock North B	Natasha Socklingum	4.39	6
Shot Putt				Under 15 Girls
1	Ayr Seaforth A	Hannah Paisley	9.66	1
2	Central AC A	Rachel Martin	8.25	2
3	Airdrie A	Laurie Anderson	8.09	3
4	Edinburgh AC A	Fiyan Fakunle	7.46	4
5	Giffnock North B	Natasha Socklingum	6.91	5
6	Giffnock North A	Lauren Saxby	6.82	6

FINAL Results

	Club	Athlete	Performance	Points
Under 17 Women				
60m				Under 17 Women
1	Giffnock North A	Jenna Wrisberg	7.91	1
2	Edinburgh AC A	Isis Moodie	8.11	2
3	Central AC A	Sophie Parsons	8.25	3
4	VP Glasgow A	Catriona Cuthbert	8.39	4
5	Airdrie A	Emma Millar	8.69	5
6	Whitemoss A	Gabriella Williamson	9.07	6
800m				Under 17 Women
1	Airdrie A	Roisin Smith	2:23.9	1
2	Edinburgh AC A	Rachel Watson	2:25.6	2
3	Giffnock North A	Sarah Eunson	2:26.8	3
4	Central AC A	Jodie Currie	2:28.6	4
5	VP Glasgow A	Robyn Connolly	2:30.2	5
60m Hurdles				Under 17 Women
1	Central AC A	Sophie Parsons	9.35	1
2	Giffnock North A	Iona Menzies	9.37	2
3	Edinburgh AC A	Ellie McGinty	9.39	3
4	VP Glasgow A	Bethany Buchanan	9.80	4
5	Whitemoss A	Erin Leckie	10.17	5
6	Airdrie A	Demi McGiff	10.73	6
200m				Under 17 Women
1	Giffnock North A	Rachel Alexander	26.24	1
2	Edinburgh AC A	Isis Moodie	26.43	2
3	Airdrie A	Demi McGiff	26.48	3
4	VP Glasgow A	Heather Baird	27.99	4
5	Central AC A	Jade Kane	28.65	5
6	Whitemoss A	Gabriella Williamson	30.64	6
300m				Under 17 Women
1	Airdrie A	Roisin Smith	42.5	1
2	Giffnock North A	Lisa Gavienas	43.5	2
3	VP Glasgow A	Reagan Binnie	43.9	3
4	Edinburgh AC A	Ailsa Clark	44.1	4
5	Central AC A	Jodie Currie	46.7	5

FINAL Results

	Club	Athlete	Performance	Points
High Jump				Under 17 Women
1	Giffnock North A	Catherine Palmer	1.60	1
2	Edinburgh AC A	Jade Carlyle	1.55	2
3	VP Glasgow A	Heather Baird	1.55	3
4	Central AC A	Jade Kane	1.45	4
5	Whitemoss A	Sophie Hartshorne	1.35	5
	Airdrie A	Demi McGiff	NH	
Long Jump				Under 17 Women
1	Giffnock North A	Rachel Alexander	5.63	1
			<i>New league record</i>	
2	Edinburgh AC A	Ellie McGinty	5.05	2
3	Airdrie A	Emma Millar	4.94	3
4	VP Glasgow A	Emma Thompson	4.52	4
5	Central AC A	Sophie Parsons	4.44	5
Triple Jump				Under 17 Women
1	Central AC A	Jade Kane	10.33	1
2	Giffnock North A	Rachel Alexander	10.12	2
3	VP Glasgow A	Emma Thompson	10.07	3
4	Airdrie A	Emma Millar	9.37	4
5	Edinburgh AC A	Anna Jaap	9.31	5
Shot Putt				Under 17 Women
1	Central AC A	Bevhan Trevis	8.97	1
2	Edinburgh AC A	Natalie Robbins	8.58	2
3	Giffnock North A	Lisa Gavienas	6.82	3
4	Whitemoss A	Erin Leckie	6.82	4
5	VP Glasgow A	Emma Thompson	6.45	5
6	Airdrie A	Samantha Anderson	6.20	6

FINAL Results

	Club	Athlete	Performance	Points
Under 20 Women				
60m				
				Under 20 Women
1	Ayr Seaforth A	Caroline George	8.14	1
2	Edinburgh AC A	Kerry Morris	8.18	2
3	Kilbarchan A	Megan Leighton	8.48	3
4	Central AC A	Emma Boyle	8.65	4
5	VP Glasgow A	Sophie Coghill	8.81	5
6	Clydesdale A	Erin Ball	9.39	6
800m				
				Under 20 Women
1	Central AC A	Kathryn Gillespie	2:13.0	1
2	Edinburgh AC A	Hannah Cameron	2:15.6	2
3	VP Glasgow A	Mhairi Hendry	2:23.0	3
4	Ayr Seaforth A	Rachel King	2:43.7	4
5	Clydesdale A	Eilidh Sinclair	3:05.1	5
60m Hurdles				
				Under 20 Women
1	Central AC A	Caroline Hilley	9.37	1
2	Ayr Seaforth A	Carolyn Harvey	10.59	2
3	Kilbarchan A	Mia Shepherd	10.70	3
4	Clydesdale A	Erin Ball	12.46	4
200m				
				Under 20 Women
1	Edinburgh AC A	Kerry Morris	26.66	1
2	Ayr Seaforth A	Alison Leckie	28.07	2
3	VP Glasgow A	Sophie Coghill	28.19	3
4	Central AC A	Emma Boyle	28.59	4
5	Kilbarchan A	Fionna Strong	32.35	5
6	Clydesdale A	Eilidh Sinclair	32.87	6
400m				
				Under 20 Women
1	VP Glasgow A	Mhairi Hendry	56.75	1
			<i>New league record</i>	
2	Edinburgh AC A	Hannah Cameron	58.71	2
3	Central AC A	Caroline Hilley	59.14	3
4	Ayr Seaforth A	Caroline George	62.05	4
5	Kilbarchan A	Megan Leighton	64.87	5
6	Clydesdale A	Claire Reid	70.67	6
High Jump				
				Under 20 Women
1	Ayr Seaforth A	Hazel Jamieson	1.55	1
2	Central AC A	Emily Batchelor	1.35	2
3	Clydesdale A	Louise Steele Milne	1.30	3

FINAL Results

	Club	Athlete	Performance	Points
Long Jump				Under 20 Women
1	Central AC A	Emily Batchelor	4.60	1
2	Ayr Seaforth A	Carolyn Harvey	4.50	2
3	Clydesdale A	Claire Reid	4.19	3
4	Kilbarchan A	Fionna Strong	3.57	4
Triple Jump				Under 20 Women
1	Ayr Seaforth A	Carolyn Harvey	10.42	1
2	Central AC A	Emily Batchelor	10.06	2
3	Clydesdale A	Claire Reid	8.67	3
4	Kilbarchan A	Mia Shepherd	8.09	4
Shot Putt				Under 20 Women
1	Edinburgh AC A	Morayo Benson	8.79	1
2	Ayr Seaforth A	Carolyn Harvey	8.21	2
3	Central AC A	Emily Batchelor	8.01	3
4	Kilbarchan A	Mia Shepherd	6.36	4
5	Clydesdale A	Louise Steele Milne	6.32	5

Records and Graded Performances

English Athletics grades 2013-14

Age Group	Event	Club	AthleteName	Performance	G1	G2
AAA Grade 1						
Under 13 Boys	Long Jump	Giffnock North A	Reuben Nairne	4.78	4.7	4.55
Under 13 Girls	200m	Edinburgh AC A	Sophie McGlynn	28.38	28.4	29
Under 13 Girls	High Jump	Central AC A	Lucy Davison	1.40	1.4	1.35
Under 15 Boys	200m	Ayr Seaforth A	Fraser Angus	23.87	23.9	24.4
Under 15 Boys	High Jump	VP Glasgow A	James Stewart	1.72	1.7	1.66
Under 15 Boys	Long Jump	Edinburgh AC A	Calum Henderson	5.43	3.4	3.25
Under 15 Boys	Long Jump	Central AC A	Jack Houghton	5.32	3.4	3.25
Under 15 Girls	200m	Giffnock North A	Amy Donaghy	26.21	26.5	26.9
Under 15 Girls	200m	Edinburgh AC A	Sarah Malone	26.34	26.5	26.9
Under 15 Girls	60m	Edinburgh AC A	Sarah Malone	8.11	8.2	8.3
Under 15 Girls	60m	Giffnock North A	Amy Donaghy	8.12	8.2	8.3
Under 15 Girls	Long jump	Edinburgh AC A	Sarah Malone	5.07	5	4.85
Under 17 Men	200m	Edinburgh AC A	Cameron Tindle	22.51	22.7	23
Under 17 Women	Long Jump	Giffnock North A	Rachel Alexander	5.63	5.35	5.25
Under 20 Men	High Jump	Kilbarchan A	Jack Lochans	2.11	1.98	1.95
AAA Grade 2						
Under 13 Girls	200m	Central AC A	Abby Davison	28.44	28.4	29
Under 13 Girls	High Jump	Giffnock North A	Emma Barbour	1.35	1.4	1.35

Age Group	Event	Club	AthleteName	Performance	G1	G2
Under 13 Girls	Long Jump	Edinburgh AC A	Emily Simmers	4.45	4.5	4.35
Under 13 Girls	Long Jump	Central AC A	Lucy Davison	4.47	4.5	4.35
Under 15 Boys	400m	VP Glasgow A	Joshua O'Hare	54.96	54.5	55.6
Under 15 Boys	60m	Ayr Seaforth A	Fraser Angus	7.50	7.4	7.5
Under 15 Girls	60m Hurdles	Central AC A	Jessica Cleland	9.47	9.45	9.65
Under 15 Girls	60m Hurdles	Edinburgh AC A	Rachel Fergusson	9.64	9.45	9.65
Under 15 Girls	High Jump	Ayr Seaforth A	Katie McAlpine	1.53	1.56	1.51
Under 15 Girls	Long jump	Airdrie A	Amy Maxwell	4.85	5	4.85
Under 17 Men	400m	Edinburgh AC A	Jake Roulstone	51.58	51	52
Under 17 Men	60m	Edinburgh AC A	Michael Olsen	7.19	7.15	7.25
Under 17 Men	Long Jump	Central AC A	Tom Chandler	6.29	6.35	6.2
Under 17 Women	60m	Giffnock North A	Jenna Wrisberg	7.91	7.9	8.05
Under 17 Women	High Jump	Giffnock North A	Catherine Palmer	1.60	1.65	1.6
Under 20 Men	400m	Edinburgh AC A	Roy Shankland	49.91	49.1	50.1
Under 20 Women	400m	VP Glasgow A	Mhairi Hendry	56.75	56.7	58.2

Age Group	Event	Club	AthleteName	Performance	G1	G2
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New SAIL League Records

Age Group	Event	Club	AthleteName	Performance
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Under 13 Boys	800m	Giffnock North A	Hamish Armitt	2:22.3
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Under 15 Boys	200m	Ayr Seaforth A	Fraser Angus	23.87
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Under 15 Girls	200m	Giffnock North A	Amy Donaghy	26.21
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Under 15 Girls	800m	Edinburgh AC A	Carolyn Cameron	2:18.0
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Under 20 Men	High Jump	Kilbarchan A	Jack Lochans	2.11
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Under 20 Women	400m	VP Glasgow A	Mhairi Hendry	56.75
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ATHLETES OF THE MATCH

Lucy Davison (Central AC)

Fraser Angus (Ayr Seaforth)

Top Performers

First place = 1 point - ordered by ascending points per event (min 3 events)

3 events, 3 points = 3 wins. 3 events, 4 points = 2 wins and 1 2nd place, etc...

Under 13 Boys

Events	Points	Athlete	Club
3	5.5	Max Leslie	Edinburgh AC A
3	8	Reuben Nairne	Giffnock North A

Under 13 Girls

Events	Points	Athlete	Club
3	3	Lucy Davison	Central AC A

Under 15 Boys

Events	Points	Athlete	Club
3	3	Fraser Angus	Ayr Seaforth A
3	8	Calum Henderson	Edinburgh AC A

Under 15 Girls

Events	Points	Athlete	Club
3	4	Sarah Malone	Edinburgh AC A

Under 17 Men

Events	Points	Athlete	Club
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3	7	Tom Chandler	Central AC A
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Under 17 Women

Events	Points	Athlete	Club
3	4	Rachel Alexander	Giffnock North A
3	9	Sophie Parsons	Central AC A

Under 20 Women

Events	Points	Athlete	Club
4	7	Carolyn Harvey	Ayr Seaforth A
4	8	Emily Batchelor	Central AC A

COMMONWEALTH ARENA SAIL RELAYS

2013-14

16th March 2014

six fastest heat times go into final, seeded lanes as follows: 1st - lane 4, 2nd - lane 5, 3rd - lane 3, 4th - lane 6, 5th - lane 2, 6th - lane 1

		Position					
U11 Girls	Heat 1	1	58	Pitreavie A	2:19.91	Q6 LANE 1	
		2	7	Giffnock North B	2:21.52		
		3	51	Airdrie A	2:23.84		
		4	1	Ayr Seaforth A	2:28.88		
		5	20	Whitemoss A	2:29.63		
		6	3	Clydesdale A	2:37.70		
	Heat 2	1	53	Central AC A	2:13.66	Q1 LANE 3	
		2	9	Cumbernauld A	2:16.69	Q3 LANE 5	
		3	18	VP Glasgow A	2:17.14	Q4 LANE 6	
		4	107	Giffnock North D	2:27.22		
		5	16	Shettleston A	2:30.51		
		6	19	VP Glasgow B	2:37.29		
	Heat 3	1	6	Giffnock North A	2:14.47	Q2 LANE 4	
		2	15	East Lothian	2:18.56	Q5 LANE 2	
		3	54	Central AC B	2:22.42		
		4	106	Giffnock North C	2:22.84		
		5	10	Cumbernauld B	2:23.08		
	Heat 4	1	60	Kilmarnock A	2:20.16		
		2	78	Law & District A	2:25.78		
		3	73	Kirkintilloch A	2:26.56		
	U13 Girls	Heat 1	1	53	Central AC A	1:57.90	Q1 - lane 3 final
			2	6	Giffnock North A	1:59.99	Q2 - lane 4 final
			3	20	Whitemoss A	2:04.48	
			4	51	Airdrie A	2:04.71	
5			70	Lasswade A	2:06.95		
6			10	Cumbernauld B	2:10.10		
Heat 2		1	7	Giffnock North B	2:02.18	Q3 - lane 5 final	
		2	56	Edinburgh AC A	2:03.29	Q4 - lane 6 final	
		3	54	Central AC B	2:09.20		
			52	Airdrie B	DQ		
Heat 3		1	58	Pitreavie A	2:04.21	Q5 - lane 2 final	
		2	1	Ayr Seaforth A	2:04.66		
		3	73	Kirkintilloch A	2:05.22		
		4	106	Giffnock North C	2:07.64		
			120	Whitemoss C	DNF		
			19	VP Glasgow B	DQ		
Heat 4		1	2	Ayr Seaforth B	2:07.97		
		2	60	Kilmarnock A	2:08.11		
		3	59	Pitreavie B	2:10.79		
		4	118	VP Glasgow C	2:20.61		
		5	62	North Ayrshire	2:21.34		
			110	Cumbernauld D	DQ		
Heat 5		1	18	VP Glasgow A	2:05.74		
		2	9	Cumbernauld A	2:06.23		
	3	3	Clydesdale A	2:14.33			
		16	Shettleston A	DQ			
Heat 6	1	69	Kilbarchan A	2:04.43	Q6 - lane 1 final		
	2	78	Law & District A	2:09.01			
	3	160	Kilmarnock C	2:19.53			
		79	Law & District B	DQ			

COMMONWEALTH ARENA SAIL RELAYS

2013-14

16th March 2014

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		Position				
U15 Girls	Heat 1	1	6	Giffnock North A	1:49.19	Q1 - lane 3 in final
		2	18	VP Glasgow A	1:51.79	Q3 - lane 5 in final
		3	51	Airdrie A	1:52.22	Q4 - lane 6 in final
		4	9	Cumbernauld A	1:55.57	
		5	54	Central AC B	1:58.41	
		6	79	Law & District B	2:04.80	
	Heat 2	1	178	Law & District C	1:55.65	
		2	52	Airdrie B	1:58.96	
		3	10	Cumbernauld B	1:59.33	
		4	19	VP Glasgow B	2:00.29	
		5	106	Giffnock North C	2:01.99	
			56	Edinburgh AC A	DQ	
	Heat 3	1	1	Ayr Seaforth A	1:53.50	Q5 - lane 2 in final
		2	7	Giffnock North B	1:59.96	
		3	69	Kilbarchan A	2:01.06	
		4	118	VP Glasgow C	2:02.71	
		5	3	Clydesdale A	2:07.04	
	Heat 4	1	58	Pitreavie A	1:54.62	Q6 - lane 1 in final
		2	2	Ayr Seaforth B	1:55.74	
		3	60	Kilmarnock A	1:55.81	
		4	20	Whitemoss A	1:56.93	
Heat 5	1	53	Central AC A	1:51.25	Q2 - lane 4 in final	
	2	59	Pitreavie B	2:02.64		
	3	109	Cumbernauld C	2:06.02		
	4	160	Kilmarnock C	2:13.51		
		62	North Ayrshire	DQ		
U17 Women	Heat 1	1	56	Edinburgh AC A	1:46.69	Q1 - lane 3 for final
		2	1	Ayr Seaforth A	1:47.11	Q2 - lane 4 for final
		3	69	Kilbarchan A	1:53.34	Q5 - lane 2 for final
		4	78	Law & District A	1:56.35	
		5	60	Kilmarnock A	1:57.44	
	Heat 2	1	70	Lasswade A	1:57.86	
		2	19	VP Glasgow B	1:58.19	
		3	3	Clydesdale A	1:58.81	
		4	71	Kilbarchan B	2:00.41	
		5	2	Ayr Seaforth B	2:00.92	
		73	Kirkintilloch A	2:04.19		
	Heat 3	1	6	Giffnock North A	1:47.30	Q3 - lane 5 for final
		2	51	Airdrie A	1:48.78	Q4 - lane 6 for final
		3	18	VP Glasgow A	1:55.70	Q6 - lane 1 for final
		4	9	Cumbernauld A	2:02.44	
	52	Airdrie B	DQ			
U20 Women	straight final - see below					
U11 Boys	Heat 1	1	6	Giffnock North A	2:12.7	Q4 - lane 6 for final
		2	20	Whitemoss A	2:20.0	
		3	9	Cumbernauld A	2:23.6	
		4	2	Ayr Seaforth B	2:25.9	
		5	17	Shettleston B	2:26.0	
		6	60	Kilmarnock A	2:27.0	
	Heat 2	1	56	Edinburgh AC A	2:12.6	Q3 - lane 5 for final

COMMONWEALTH ARENA SAIL RELAYS

2013-14

16th March 2014

six fastest heat times go into final, seeded lanes as follows: 1st - lane 4, 2nd - lane 5, 3rd - lane 3, 4th - lane 6, 5th - lane 2, 6th - lane 1

		Position			
		2	7	Giffnock North B	2:16.3 Q6 - lane 1 for final
		3	18	VP Glasgow A	2:17.7
		4	16	Shettleston A	2:20.6
			3	Clydesdale A	DNF
Heat 3		1	53	Central AC A	2:11.1 Q1 - lane 3 for final
		2	1	Ayr Seaforth A	2:11.2 Q2 - lane 4 for final
		3	51	Airdrie A	2:17.5
		4	106	Giffnock North C	2:21.5
Heat 4		1	58	Pitreavie A	2:13.4 Q5 - lane 2 for final
		2	54	Central AC B	2:18.8
		3	107	Giffnock North D	2:20.4
		4	69	Kilbarchan A	2:24.8
		5	73	Kirkintilloch A	2:24.9
U13 Boys	Heat 1	1	53	Central AC A	2:00.7 Q3 - lane 5 for final
		2	9	Cumbernauld A	2:06.9
		3	2	Ayr Seaforth B	2:09.7
		4	16	Shettleston A	2:10.9
		5	69	Kilbarchan A	2:13.5
			78	Law & District A	DQ
	Heat 2	1	6	Giffnock North A	1:59.9 Q2 - lane 4 for final
		2	60	Kilmarnock A	2:01.3 Q5 - lane 2 for final
		3	54	Central AC B	2:07.4
		4	10	Cumbernauld B	2:16.3
			19	VP Glasgow B	DQ
			24	Livingston A	DQ
	Heat 3	1	56	Edinburgh AC A	1:55.5 Q1 - lane 3 for final <i>new SAIL record</i>
		2	51	Airdrie A	2:00.9 Q4 - lane 6 for final
		3	18	VP Glasgow A	2:05.1
		4	160	Kilmarnock C	2:11.3
		5	3	Clydesdale A	2:15.9
		6	109	Cumbernauld C	2:22.0
	Heat 4	1	1	Ayr Seaforth A	2:02.2 Q6 - lane 1 for final
		2	73	Kirkintilloch A	2:05.8
		3	7	Giffnock North B	2:08.3
		4	20	Whitemoss A	2:08.6
		5	110	Cumbernauld D	2:36.9
U15 Boys	Heat 1	1	7	Giffnock North B	1:52.3 Q6 - lane 1 for final
		2	69	Kilbarchan A	1:55.4
		3	54	Central AC B	1:55.4
		4	2	Ayr Seaforth B	1:58.8
			58	Pitreavie A	DQ
	Heat 2	1	6	Giffnock North A	1:43.3 Q1 - lane 3 for final
		2	53	Central AC A	1:45.6 Q3 - lane 5 for final
		3	78	Law & District A	1:50.4 Q5 - lane 2 for final
		4	60	Kilmarnock A	1:54.6
	Heat 3	1	1	Ayr Seaforth A	1:43.6 Q2 - lane 4 for final
		2	56	Edinburgh AC A	1:48.9 Q4 - lane 6 for final
			18	VP Glasgow A	DQ
			16	Shettleston A	DQ

COMMONWEALTH ARENA SAIL RELAYS

2013-14

16th March 2014

six fastest heat times go into final, seeded lanes as follows: 1st - lane 4, 2nd - lane 5, 3rd - lane 3, 4th - lane 6, 5th - lane 2, 6th - lane 1

Position

U17 Men	Heat 1	1	18	VP Glasgow A	1:37.0	Q4 - lane 6 for final
		2	1	Ayr Seaforth A	1:38.9	Q5 - lane 2 for final
		3	19	VP Glasgow B	1:39.6	
		4	51	Airdrie A	1:41.2	
		5	7	Giffnock North B	1:42.3	
		6	20	Whitemoss A	1:44.1	

U17 Men	Heat 2	1	56	Edinburgh AC A	1:33.1	Q1 - lane 3 for final <i>equals SAIL record</i>
		2	53	Central AC A	1:36.0	Q2 - lane 4 for final
		3	6	Giffnock North A	1:36.2	Q3 - lane 5 for final
		4	54	Central AC B	1:39.4	Q6 - lane 1 for final
		5	3	Clydesdale A	1:46.6	
			16	Shettleston A	DQ	

U11 Girls	FINAL	1	6	Giffnock North A	2:14.03	
				<i>Monica Forsyth, Niamh Smith, Anna Bond, Anna Jenkins</i>		
		2	53	Central AC A	2:15.46	
		3	9	Cumbernauld A	2:15.89	
		4	15	East Lothian	2:18.03	
			58	Pitreavie A	DQ	
	18	VP Glasgow A	DQ			

U13 Girls	FINAL	1	53	Central AC A	1:56.10	<i>new league and Scottish record</i>	
				<i>Abby Davison, Lucy Davison, Katie Sharkey, Emma Mailer</i>			
		2	56	Edinburgh AC A	1:56.82		
		3	6	Giffnock North A	2:00.93		
		4	7	Giffnock North B	2:02.34		
		5	58	Pitreavie A	2:03.36		
6	69	Kilbarchan A	2:08.01				

U15 Girls	FINAL	1	53	Central AC A	1:47.94	
				<i>Jessica Cleland, Catriona Laing, Madeleine Woods, Minnie Roe</i>		
		2	6	Giffnock North A	1:49.25	
		3	18	VP Glasgow A	1:51.06	
		4	58	Pitreavie A	1:52.92	
		5	51	Airdrie A	1:52.93	
6	1	Ayr Seaforth A	1:54.41			

U17 Women	FINAL	1	6	Giffnock North A	1:44.83	
				<i>Jenna Wrisberg, Rachel Alexander, Iona Menzies, Lisa Gavienas</i>		
		2	56	Edinburgh AC A	1:45.37	
		3	1	Ayr Seaforth A	1:47.45	
		4	51	Airdrie A	1:50.08	
5	69	Kilbarchan A	1:52.97			

U20 Women	FINAL	1	53	Central AC A	1:50.15	
				<i>Emma Boyle, Emily Batchelor, Kathryn Gillespie, Caroline Hilley</i>		
		2	1	Ayr Seaforth A	1:51.08	
		3	69	Kilbarchan A	1:57.83	
	60	Kilmarnock A	DNF			

U11 Boys	FINAL	1	53	Central AC A	2:09.34	
				<i>Rob Henderson, John Leary, Ford Moffat, Imran Hossein</i>		
		2	6	Giffnock North A	2:10.78	
		3	1	Ayr Seaforth A	2:13.49	
		4	7	Giffnock North B	2:16.45	
	56	Edinburgh AC A	DQ			

COMMONWEALTH ARENA SAIL RELAYS

2013-14

16th March 2014

six fastest heat times go into final, seeded lanes as follows: 1st - lane 4, 2nd - lane 5, 3rd - lane 3, 4th - lane 6, 5th - lane 2, 6th - lane 1

		Position	58	Pitreavie A	DQ	
U13 Boys	FINAL	1	56	Edinburgh AC A	1:53.74	<i>new league record</i>
				<i>Aidan Cross, Josh Dougall, Cameron Smith, Calum Henderson</i>		
		2	6	Giffnock North A	1:58.21	
		3	53	Central AC A	1:58.37	
		4	1	Ayr Seaforth A	1:58.52	
		5	51	Airdrie A	1:59.92	
		6	60	Kilmarnock A	2:00.45	
U15 Boys	FINAL	1	6	Giffnock North A	1:42.47	
				<i>Lewis Paterson, Ross Lipp, Ryan Maguire, Andy Moses</i>		
		2	1	Ayr Seaforth A	1:42.48	
		3	53	Central AC A	1:44.95	
		4	56	Edinburgh AC A	1:46.90	
		5	78	Law & District A	1:50.06	
		6	7	Giffnock North B	1:58.76	
U17 Men	FINAL	1	56	Edinburgh AC A	1:32.25	<i>new league record</i>
				<i>Michael Olsen, Craig Lennie, Jake Roulstone, Cameron Tindle</i>		
		2	53	Central AC A	1:35.72	
		3	18	VP Glasgow A	1:37.22	
		4	54	Central AC B	1:38.50	
		5	1	Ayr Seaforth A	1:40.24	
		6		Giffnock North A	DQ	
U20 Men	FINAL	1	56	Edinburgh AC A	1:32.0	
				<i>Roy Shankland, Liam Clark, Magnus Blair, Ben Robbins</i>		
		2	6	Giffnock North A	1:37.35	
		3	18	VP Glasgow A	1:40.9	
			70	Lasswade A	DQ	
			106	Giffnock North C	DNF	