

Pitreavie Centre Indoor Jumps and Throws competition.

Open to all age groups U15 to Masters. A series of 3 competitions on 12/01/14, 09/02/14 and 09/03/14.

Events to be held will be Long jump and Shot Putt on each date. Each match can be entered as a one off competition.

There will also be an overall competition in both long jump and shot putt for each age group, male and female, based on the cumulative distances over the 3 matches.

Entry Form. Match 1 12/01/14. Start Time 2.00 PM.

Name _____

Age Group _____ DOB _____

Club _____

Please Tick the events to be entered.

Shot Putt___ Long Jump___

Email philporter66@hotmail.co.uk to be entered, with the above details.

Please bring entry form on day of competition, fee £4 for one or both events payable at the Pitreavie Centre reception on 12/01/14. Please do not pay any money before this date.

Timetable.

2.00 Shot Putt U15 Male and female.

2.00 Long Jump U17, U20, Senior and Masters Male and Female.

3.00 Shot Putt U17, U20, Senior and Masters, Male and Female.

3.00 Long Jump U15 Male and Female.

All results will be sent to power of Ten. Graded officials to officiate.

