



## **Fixtures: November & December 2006**

1/11 Grangemouth  
Indoor Open Graded

4/11 Allan Scally  
Road Relays

5/11 Lasswade  
(Gorebridge) XC

5/11 Dundee  
Templeton Woods 10  
mile RR

11/11 Glen Clova ½

11/11 Braid Hills XC

18/11 Gauldry XC

18/11 British Masters  
XC – Callendar Park

25/11 European XC  
Trials – Liverpool

26/11 East District XC  
League – Kirkcaldy

6/12 Grangemouth  
Indoor Open Graded

9/12 East District XC  
Championship –  
Galashiels

16/12 **Pitreavie AAC  
Devilla Forest Race**

17/12 Queens Drive  
XC – Holyrood Park

29&30/12 New  
Year Sprint –  
Musselburgh Race  
Course

## **East District XC Relays**

The opening fixture of the season at Dulloch Park, Dunfermline, saw senior athlete John Newsom clock the joint fastest time of the day to help the 'A' team (Paul McCloskey, John Newsom, Stewart Reid and Steven Irwin) to 7<sup>th</sup> position. The new venue was not only on our doorstep but also offered a very good course. The best placed Pitreavie team were the young girls (Katie Reid, Kathryn Pennel and Rebecca Burns) who finished just outside the medals in 4<sup>th</sup>. The young boys (Callum McQueen, Craig Robinson and Alan Love) were also well placed in 5<sup>th</sup> position. The top placed senior women's team of Alison Whyte, Hazel Bradley and Jayne Clark were 12<sup>th</sup>.

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## **Ross McManus wins Under-14 Hammer Grand Prix**

Ross McManus was the inaugural winner of the 2006 Hammer Grand Prix Series after the fourth and final meeting at Grangemouth. Pitreavie throws coach Colin McCulloch was behind the new venture which has proved to be highly successful in not only attracting a great number of athletes to competitions but also in improving the level of performance that is being produced.

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## **East District XC League – Livingston**

John Newsom was a clear winner of the senior men's race covering the muddy course 36 seconds faster than his nearest competitor. Club statistician Graham McDonald highlighted the fact that the last time a Pitreavie athlete won a senior district league race was over 40 years ago. Kathryn Pennel placed 2<sup>nd</sup> under-13 girl and was only beaten by two boys in the combined field. All club members can run at the East district Cross Country League races, all you have to do is turn up and see the team managers (Evelyn Turner and George Kirk) to get a race number. The fold-up club tent has proved to be a big success at the cross country races to keep kit dry and provide a space for changing.

# Pitreavie AAC News



## 50<sup>th</sup> Anniversary Dinner



Club President Dave McQueen welcomed members of past and present along with invited guests to the PAAC 50<sup>th</sup> anniversary dinner to celebrate 50 years of achievement. The night allowed members to reminisce and celebrate the significant milestone in the club's history. The display of club photographs, memorabilia and a power point show of club videos helped to set the tongues wagging, recalling and reliving memories with old and new team-mates. Sandy Sutherland, sports Journalist and former Scottish Shot Putt Champion (1962 & 1971), was the evening's main speaker.

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## National XC Relays

Cumbernauld hosted the Scottish Cross-Country Relay Championship on Saturday with Pitreavie athletes producing some good performances. The young girls' team of Kathryn Pennel, Natalie Fox and Rebecca Burns placed fourth with Kathryn clocking the second fastest time for an under-13 (10:41). The senior men's team of Paul McCloskey, John Newsom, Kenny Anderson and Alasdair Donaldson came home in ninth position with John recording the day's second fastest time (13.19). The

young boys' team (Callum McQueen, Craig Robinson and Alan Love) placed 31st while the senior women (Sharon Lamont, Eilidh Child and Jayne Clark) placed 17th.

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## Tesco SPORT for Schools and Clubs 2006

Until 6th November, Tesco are handing out Tesco SPORT for Schools and Clubs vouchers. Like last year the club are again collecting these vouchers. The club will then use these vouchers to buy equipment for kids – NOT THE ADULTS!

Examples of what can be bought and how many vouchers are required:

141 vouchers will get a set of 6 batons

184 will get a shot putt

220 for a folding hurdle

So the more vouchers collected – the more equipment the club can get. Ask your family and friends to collect them as well. Please put all vouchers collected into the "Tesco" box in the canteen. (A box will be organised for when the club moves to St Columba's). If you have any questions then ask your coach or contact the organiser Alison Whyte.

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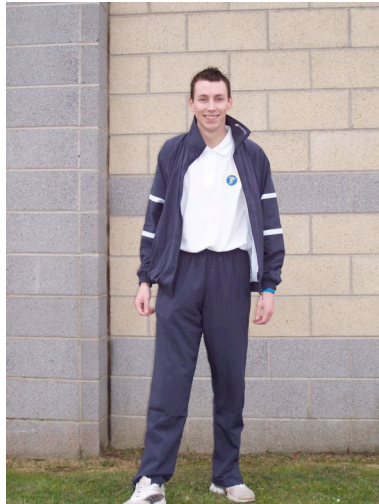
## Spikes

The club has a stock of replacement spike pins for sale. They are available to buy from the clubhouse canteen and are priced at 15p per spike. The sizes are 6mm & 7mm (track) and 9mm & 11mm (cross country).

# Pitreavie AAC News



## Club Kit - Last Orders for Christmas



Last call for orders for the official Pitreavie AAC club kit - tracksuits, rainjackets, sweat tops and t-shirts. Please pick up an order form from the clubhouse canteen or download one from the club website [www.pitreavie-aac.co.uk](http://www.pitreavie-aac.co.uk) There are some samples to let you check the sizing in the canteen, just ask a committee member for help.

Please hand or send your completed form to Steve Newsom, 33 Bellhouse Road, Aberdour KY3 0TL together with your cheque or postal order for payment of the full amount in advance

If you require club vests or shorts, please contact Steve Newsom or any other committee member at the Club on Tuesdays or Thursdays, or telephone Steve on 01383 860455.

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## Road Running 5 Mile Handicap Results

The road running handicap series has come to a close and here are the final positions of the top 10. Colin Simpson was the overall winner.

Name	Category	Points	Position
Colin Simpson	MV	75	1
Bizzy Cleary	FV	82	2
Stuart Forrester	MV	87	3
Kenny Duncan	MV	90	4
Christine Syme	FV	90	5
Stephen Skene	M	93	6
John Syme	MV	98	7
Jackie Baxter	FV	100	8
Lauren Mitchell	F	101	9
Pam Pattison	FV	119	10

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## Devila Forest Race

The Club will hold its second Annual "Kruella Devilla" Forest Race on Saturday 16th December. Organised by the Pitreavie road running group but open to all athletes aged 16 and over, the race starts at 10.30am. The 10K (approximately) course covers forest tracks and muddy trails in Devilla Forest near Kincardine, and starts and finishes at Tulliallan Police College, thanks to the hospitality of the Scottish Police College. The college also made their showers available after last year's event. The entire entry fee of £2 per competitor will be donated to a nominated charity. Please note that this run is not SAL permitted, and so everyone runs at their own risk. Family and friends of club members are also welcome to take part. The emphasis is on FESTIVE FUN but the competitive spirit will no doubt prevail. Runners are encouraged to bring along mince pies and flasks of tea or coffee to finish off the event on a high note. Further details will be published on notice boards nearer the time, or speak to Barry Davie or Christine Garvie.